Too many ambitious women strive to accomplish all their goals alone, leading to dangerous levels of stress and anxiety. Learn how a strong support network and meaningful connections are crucial not only to your long-term success, but to your peace of mind. Today's women are ambitious and excelling in every way. But many still believe that asking for help along the journey is a sign of weakness, ignorance, or incompetence, so they go it alone. Author and podcaster Elayne Fluker believes this mindset is partially responsible for the increase in suicide rates for girls and women and the reason so many women end up depressed, overwhelmed, isolated and unfulfilled. To combat this alarming trend, Fluker helps women learn how to build their own networks, make meaningful connections, and understand how even some of the most successful women in the world, like Oprah Winfrey and Spanx founder Sara Blakely, had tremendous support networks that helped them achieve their dreams. Get Over "I Got It": Shares the lessons Fluker learned throughout her own struggles with learning how to ask for and accept support. Provides anecdotes from women professionals, interviews with health professionals, and current research demonstrating the tangible ways women can ditch the dangerous go-it-alone philosophy.
Offers proven, real-world ways for women to embrace the proven health and career benefits of a stronger-together approach. Ultimately, this book helps women overcome their psychological hurdles to asking for help, giving them a surefire strategy—and the confidence—to seek support. They'll then be positioned to join other women’s support networks, uplifting them in a way that will transform both individual lives and communities.

I was eleven, no more, when the wish came to me to be a writer; and then very soon it was a settled ambition. But for the young V. S. Naipaul, there was a great distance between the wish and its fulfillment. To become a writer, he would have to find ways of understanding three very different cultures: his family's half-remembered Indian homeland, the West Indian colonial society in which he grew up, and the wholly foreign world of the English novels he read. In this essay of literary autobiography, V. S. Naipaul sifts through memories of his childhood in Trinidad, his university days in England, and his earliest attempts at writing, seeking the experiences of life and reading that shaped his imagination and his growth as a writer. He pays particular attention to the traumas of India under its various conquerors and the painful sense of dereliction and loss that shadows writers' attempts to capture the country and its people in prose. Naipaul's profound reflections on the relations between personal or historical experience and literary form, between the novel and the world, reveal how he came to discover both his voice and the subjects of his writing, and how he learned to turn sometimes to fiction, sometimes to the travel narrative, to portray them truthfully. Along the way he offers insights into the novel's prodigious development as a form for depicting and interpreting society in the nineteenth century and its diminishing capacity to do the same in the twentieth; a task that, in his view, passed to the creative energies of the early cinema. As a child trying to read, I had felt that two worlds separated me from the books that were offered to me at school and in the libraries: the childhood world of our remembered India, and the more colonial world of our city. What I didn't know, even after I had written my early books of fiction was that those two spheres of darkness had become my subject. Fiction, working its mysteries, by indirections finding directions out, had led me to my subject. But it couldn't take me all the way.

-V.S. Naipaul, from Reading & Writing

One of the finest living writers in the English language, V. S. Naipaul gives us a tale as wholly unexpected as it is
affecting, his first novel since the exultantly acclaimed A Way in the World, published seven years ago. Half a Life is the story of Willie Chandran, whose father, heeding the call of Mahatma Gandhi, turned his back on his brahmin heritage and married a woman of low caste—a disastrous union he would live to regret, as he would the children that issued from it. When Willie reaches manhood, his flight from the travails of his mixed birth takes him from India to London, where, in the shabby haunts of immigrants and literary bohemians of the 1950s, he contrives a new identity. This is what happens as he tries to defeat self-doubt in sexual adventures and in the struggle to become a writer—strivings that bring him to the brink of exhaustion, from which he is rescued, to his amazement, only by the love of a good woman. And this is what happens when he returns with her—carried along, really—to her home in Africa, to live, until the last doomed days of colonialism, yet another life not his own. In a luminous narrative that takes us across three continents, Naipaul explores his great theme of inheritance with an intimacy and directness unsurpassed in his extraordinary body of work. And even as he lays bare the bitter comical ironies of assumed identities, he gives us a poignant spectacle of the enervation peculiar to a borrowed life. In one man’s determined refusal of what he has been given to be, Naipaul reveals the way of all our experience. As Willie comes to see, “Everything goes on a bias. The world should stop, but it goes on.” A masterpiece of economy and emotional nuance, Half a Life is an indelible feat of the imagination.

"The Nobel Prize winner's first great novel" (Barack Obama), A House for Mr. Biswas is an unforgettable story inspired by Naipaul's father that has been hailed as one of the twentieth century's finest novels. In his forty-six short years, Mr. Mohun Biswas has been fighting against destiny to achieve some semblance of independence, only to face a lifetime of calamity. Shuttled from one residence to another after the drowning death of his father, for which he is inadvertently responsible, Mr. Biswas yearns for a place he can call home. But when he marries into the domineering Tulsi family on whom he indignantly becomes dependent, Mr. Biswas embarks on an arduous—and endless—struggle to weaken their hold over him and purchase a house of his own. A heartrending, dark comedy of manners, A House for Mr. Biswas masterfully evokes a man’s quest for autonomy against an emblematic post-colonial canvas.

The Death of the Heart is perhaps Elizabeth Bowen's best-known book. As she deftly and delicately exposes the cruelty that
lurks behind the polished surfaces of conventional society, Bowen reveals herself as a masterful novelist who combines a sense of humor with a devastating gift for divining human motivations. In this piercing story of innocence betrayed set in the thirties, the orphaned Portia is stranded in the sophisticated and politely treacherous world of her wealthy half-brother's home in London. There she encounters the attractive, carefree cad Eddie. To him, Portia is at once child and woman, and her fears her gushing love. To her, Eddie is the only reason to be alive. But when Eddie follows Portia to a seaside resort, the flash of a cigarette lighter in a darkened cinema illuminates a stunning romantic betrayal—and sets in motion one of the most moving and desperate flights of the heart in modern literature.

In his first book of non-fiction since 2003, V.S. Naipaul gives us an eloquent, candid, wide-ranging narrative that delves into the sometimes inadvertent process of creative and intellectual assimilation. Born in Trinidad of Indian descent, a resident of England for his entire adult life, and a prodigious traveller, Nobel Laureate V. S. Naipaul has always faced the challenges of “fitting one civilisation to another.” In A Writer’s People, he discusses the writers to whom he was exposed early on, Derek Walcott, Flaubert and his own father among them; how Anthony Powell and Francis Wyndham influenced his first encounters with literary culture; what we have retained—and forgotten—of the world portrayed in Caesar’s The Gallic War and Virgil’s Aeneid; how the writings of Gandhi, Nehru and other Indian writers both reveal and conceal the authors and their nation. And he brings the same scrutiny to bear on his own life: his years in Trinidad; the gaps in his family history; the “private India” kept alive through story, ritual, religion and culture; his ever-evolving reaction to the more complicated and demanding true India he would encounter for the first time when he was thirty. Part meditation, part remembrance, as elegant as it is revelatory, A Writer’s People allows us privileged insight—full of incident, humour and feeling—into the mind of one of our greatest writers. “He brings to non-fiction an extraordinary capacity for making art out of lucid thought. . . . I can no longer imagine the world without Naipaul’s writing.” Los Angeles Times Book Review

In the "brilliant novel" (The New York Times) V.S. Naipaul takes us deeply into the life of one man—an Indian who, uprooted by the bloody tides of Third World history, has come to live in an isolated town at the bend of a great river in a newly independent African nation. Naipaul gives us the most convincing and disturbing vision yet of what happens in a
place caught between the dangerously alluring modern world and its own tenacious past and traditions.

The impassioned love of two teenagers leaves a path of destruction in its perilous wake. Seventeen-year-old David Axelrod is consumed with his love for Jade Butterfield. So when Jade’s father exiles him from their home, David does the only thing he thinks is rational: He burns down their house. Sentenced to a psychiatric institution, David’s obsession metastasizes, and upon his release, he sets out to win the Butterfields back by any means necessary. Brilliantly written and intensely sexual, Endless Love is the deeply moving story of a first love so powerful that it becomes dangerous—not only for the young lovers, but for their families as well. This ebook features an illustrated biography of Scott Spencer, including rare photos from the author’s personal collection.

Owning a small portion of the Trinidad earth and a respectable house of his own is the dream and the reality sustaining Mohun Biswas through a life of frustration and despair after he marries into the domineering Tulsi family. Reprint. 15,000 first printing.

A House for Mr. Biswas: by V. S. Naipaul \ Conversation Starters First published in 1961, the novel A House for Mr. Biswas by V. S. Naipaul became the first defining work of his career. This story is about a man named Mohun Biswas. He works hard and strives for success but most of the time, he fails. In his forty-six years, Biswas has been fighting hard to achieve freedom and independence. He moves from one residence to another after the death of his father. He yearned for a place he can finally call home. Then, he married into a dominating family, the Tulsi family. He finally sets a goal for himself to own his own house. Time magazine included A House for Mr. Biswas in the roster of TIME 100 Best English-language Novels from 1923 to 2005. Former United States President Barack Obama says that this is “The Nobel Prize winner's first great novel.” Newsweek calls Naipaul’s novel “a marvelous prose epic.” They remark that “[it] matches the best nineteenth-century novels for the richness of comic insight and final, tragic power.” A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come
alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed to bring us beneath the surface of the page and invite us into the world that lives on. These questions can be used to... Create Hours of Conversation:  • Foster a deeper understanding of the book  • Promote an atmosphere of discussion for groups  • Assist in the study of the book, either individually or corporately  • Explore unseen realms of the book as never seen before.


"A marvellous prose epic that matches the best nineteenth-century novels" Newsweek"A work of great comic power qualified with firm and unsentimental compassion." Anthony BurgessA House for Mr Biswas is V.S. Naipaul's
unforgettable third novel. Born the "wrong way" and thrust into a world that greeted him with little more than a bad omen, Mohun Biswas has spent his 46 years of life striving for independence. But his determined efforts have met only with calamity. Shuttled from one residence to another after the drowning of his father, Mr Biswas yearns for a place he can call home. He marries into the domineering Tulsi family, on whom he becomes indignantly dependent, but rebels and takes on a succession of occupations in an arduous struggle to weaken their hold over him and purchase a house of his own. Heartrending and darkly comic, A House for Mr Biswas masterfully evokes a man's quest for autonomy against the backdrop of post-colonial Trinidad.

A gripping masterpiece, hailed as one of the 20th century's finest novels. A House for Mr Biswas is V.S. Naipaul's unforgettable third novel. Born the "wrong way" and thrust into a world that greeted him with little more than a bad omen, Mohun Biswas has spent his 46 years of life striving for independence. But his determined efforts have met only with calamity. Shuttled from one residence to another after the drowning of his father, Mr Biswas yearns for a place he can call home. He marries into the domineering Tulsi family, on whom he becomes indignantly dependent, but rebels and takes on a succession of occupations in an arduous struggle to weaken their hold over him and purchase a house of his own. Heartrending and darkly comic, A House for Mr Biswas masterfully evokes a man's quest for autonomy against the backdrop of post-colonial Trinidad.

A Perfect Pledge is at once a beautifully detailed novel about family life, a lively and abundant portrait of Trinidadian society and an ambitious, universal story of striving and strife. Following four decades of tumult – both national and domestic – this third novel by acclaimed author Rabindranath Maharaj is both deeply perceptive and strikingly unsentimental; it is full of singular characters and memorable, often hilarious dialogue. A Perfect Pledge is a major addition both to Canadian literature and to the literature of the Caribbean. The novel begins with the birth of a child to Narpat and Dulari in the village of Lengua in the late 1950s. Geevan, known universally as Jeeves, is the son that Narpat, an irascible cane farmer, has long wished for to add to his three daughters. But, growing up in his father’s shadow, Jeeves develops into a scrawny, quiet, somewhat sickly boy—not helped by Narpat’s unusual dietary pronouncements, including his
insistence that Jeeves eat properly purgative foods. On one level, A Perfect Pledge is a compelling story of the intricacies of family life – of the complex relationships between husband and wife, parents and children – set in a lopsided hut with, when the book begins, no electricity or indoor plumbing. Narpat, the patriarch, is an engrossing character, a self-proclaimed “futurist” with no patience for religious “simi-dimi.” His ideas to improve his family and his village’s lot are sometimes inspired, but sometimes seem crazy; occasionally they fall somewhere in between. The novel follows the family’s progress, from the purchase of a cow named Gangadaye, through the children’s schooling, to Narpat’s almost solitary efforts to build a factory on his land, interspersed with accidents, weddings, conflict and much more besides. Through these events A Perfect Pledge becomes a subtle portrait not only of Narpat but of the forbearance and irritation of his wife Dulari and their daughters’ clashing personalities, often seen through the observant, hungry eyes of the young Jeeves. But A Perfect Pledge takes up other subjects too. As well as the story of a family’s struggles, it is a vivid portrayal of Trinidad over the last four decades – a deprived and sometimes mad place lurching into modernization. Rural life on the island is particularly hard in the 1960s; the infrastructure is ramshackle and always on the cusp of being taken back by nature. But the village of Lengua is a cauldron boiling with village politics, Hollywood movies, neighbourly rivalries, ayurvedic healing and much else. And while it is both panoramic and empathic, A Perfect Pledge is also a deeply pleasurable read: its elegant narrative tone is enriched by the astonishing improvisations of a Trinidadian English infused with Indian, British, American and other influences. Not a page passes without some jaw-dropping turn of phrase, from icy hots to scrapegoats, dreamsanhope to couteyahs. A Perfect Pledge follows its characters through years of growth, challenges, and in Narpat’s case, eventual decline. As he gets older, Narpat stiffens into himself, his plans becoming ever more Quixotic and even dangerous. Jeeves, meanwhile, is trying to step clear of his bad beginnings and become an independent, self-sufficient man, while honouring his family ties (something his sisters conspicuously fail to do). A Perfect Pledge is a funny and moving book that portrays the struggles of an entire society; but the difficult relationship between father and son is ultimately at its heart.

A House for Mr. Biswas: A Novel (Vintage International) by V. S. Naipaul: Conversation Starters First published in 1961, the novel A House for Mr Biswas by V. S. Naipaul became the first defining work of his career. This story is about a man named Mohun Biswas. He works hard and strives for success but most of the time, he fails. In his forty-six years, Biswas
has been fighting hard to achieve freedom and independence. He moves from one residence to another after the death of his father. He yearned for a place he can finally call home. Then, he married into a dominating family, the Tulsi family. He finally sets a goal for himself to own his own house. Time magazine included A House for Mr Biswas in the roster of TIME 100 Best English-language Novels from 1923 to 2005. Former United States President Barack Obama says that this is "The Nobel Prize winner's first great novel." Newsweek calls Naipaul's novel "a marvelous prose epic." They remark that "[it] matches the best nineteenth-century novels for richness of comic insight and final, tragic power." A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed to bring us beneath the surface of the page and invite us into the world that lives on. These questions can be used to.. Create Hours of Conversation: - Promote an atmosphere of discussion for groups - Foster a deeper understanding of the book - Assist in the study of the book, either individually or corporately - Explore unseen realms of the book as never seen before Disclaimer: This book you are about to enjoy is an independent resource meant to supplement the original book. If you have not yet read the original book, we encourage you to before purchasing this unofficial Conversation Starters.

To the residents of Miguel Street, a derelict corner of Trinidad's capital, their neighbourhood is a complete world, where everybody is quite different from everybody else. There's Popo the carpenter, who neglects his livelihood to build "the thing without a name;” Man-man, who goes from running for public office to staging his own crucifixion; Big Foot, the dreaded bully with glass tear ducts; and the lovely Mrs. Hereira, in thrall to her monstrous husband. Their lives (and the legends their neighbours construct around them) are rendered by V. S. Naipaul with Dickensian verve and Chekhovian compassion in this tender, funny novel.

A New York Times Notable Book Nobel laureate V. S. Naipaul’s impassioned and prescient travelogue of his journeys through his ancestral homeland, with a new preface by the author. Arising out of Naipaul’s lifelong obsession and passion
for a country that is at once his and totally alien, India: A Million Mutinies Now relates the stories of many of the people he met traveling there more than fifty years ago. He explores how they have been steered by the innumerable frictions present in Indian society—the contradictions and compromises of religious faith, the whim and chaos of random political forces. This book represents Naipaul’s last word on his homeland, complementing his two other India travelogues, An Area of Darkness and India: A Wounded Civilization.

In 1950, V. S. Naipaul travelled from Trinidad to England to take up a place at Oxford University. Over the next few years, letters passed back and forth between Naipaul and his family – particularly his beloved father Seepersad, but also his mother and siblings. The result is a fascinating chronicle of Naipaul’s time at university; the love of writing that he shared with his father and their mutual nurturing of literary ambition; the triumphs and depressions of Oxford life; and the travails of his family back at home. Letters Between a Father and Son is an engaging collection continuing into the early years of V. S. Naipaul’s literary career, touching time and again on the craft of writing, and revealing the relationships and experiences that formed and influenced one of the greatest and most enigmatic literary figures of our age. ‘Rare and precious . . . if any modern writer was going to breathe a last gasp into the epistolary tradition, it was always likely to be V. S. Naipaul’ New Statesman

The autobiographical novel of a journey from the British colony of Trinidad to the ancient countryside of England.

Understanding Africa is critical for all concerned with the world today: in what promises to be his final great work of reportage, one of the keenest observers of the continent surveys the effects of belief and religion on the disparate peoples of Africa. The Masque of Africa is Nobel Prize-winning V. S. Naipaul's first major work of non-fiction to be published since his internationally bestselling Beyond Belief. Like all of Naipaul's great works of non-fiction, The Masque of Africa is superficially a book of travels — full of people, stories and landscapes he visits — but it also encompasses a larger narrative and purpose: to judge the effects of belief (whether in indigenous animisms, faiths imposed by other cultures, or even the cults of leaders and mythical history) upon the progress of civilization.
Trinidad. Mr. Mohun Biswas, a tenderhearted fellow with a thirst for books, struggles for independence from his wife’s domineering family.

In his forty-six short years, Mr. Mohun Biswas has been fighting against destiny to achieve some semblance of independence, only to face a lifetime of calamity. Shuttled from one residence to another after the drowning death of his father, for which he is inadvertently responsible, Mr. Biswas yearns for a place he can call home. But when he marries into the domineering Tulsi family on whom he indignantly becomes dependent, Mr. Biswas embarks on an arduous -- and endless -- struggle to weaken their hold over him, and purchase a house of his own.

An expatriate English couple and a West Indian would-be revolutionary yield to infidelity, sexual abuse, murder, and irrevocable mental and moral decay on a socially fragile, post-colonial Caribbean island.

V. S. Naipaul is a reader-friendly introduction to the writing of one of the most influential contemporary authors and the 2001 Nobel laureate in Literature. Bruce King provides a novel by novel analysis of the fiction with attention to structure, significance, and Naipaul's development as a writer, while setting the texts in their autobiographical, philosophical, social, political, colonial and postcolonial contexts. King shows how Naipaul modified Western and Indian literary traditions for the West Indies and then the wider world to become an international writer whose subject matter includes the Caribbean, England, India, Africa, the United States, Argentina, and contemporary Islam. Thoroughly revised and updated, the second edition of V. S. Naipaul now includes an expanded Introduction, and discussion of his most recent novels A Way in the World and Half a Life, his Nobel Lecture, Naipaul's writings on Islam, and a survey of the main criticism by other writers and postcolonial theorists.

With an introduction from Paul TherouxV.S. Naipaul first visited India in 1962 at twenty-nine. His most recent visit was in
2015 at eighty-two. The intervening years and visits sparked by an inquisitiveness about a country he had never seen but had been a dream of his since childhood have resulted in three books: India: An Area of Darkness, A Wounded Civilization and A Million Mutinies Now. India is the collection of all three, introduced by fellow traveller and writer Paul Theroux. An Area of Darkness is V. S. Naipaul's semi-autobiographical account - at once painful and hilarious, but always thoughtful and considered - of his first visit to India, the land of his forebears. From the moment of his inauspicious arrival he experienced a cultural estrangement from the subcontinent. India was land of myths, an area of darkness closing up behind him as he travelled. What emerged was a masterful work of literature that provides a revelation both of India and of himself: a displaced person who paradoxically possesses a stronger sense of place than almost anyone. India: A Wounded Civilization casts a more analytical eye than before over Indian attitudes, while recapitulating and further probing the feelings aroused in him by this vast, mysterious, and agonized country. A work of fierce candour and precision, it is also a generous description of one man's complicated relationship with the country of his ancestors. India: A Million Mutinies Now is the fascinating account of Naipaul's return journey to India and offers a kaleidoscopic, layered travelogue, encompassing a wide collage of religions, castes, and classes at a time when the percolating ideas of freedom threatened to shake loose the old ways. The brilliance of the book lies in Naipaul's approach to a shifting, changing land from a variety of perspectives. India: A Million Mutinies Now is a truly perceptive work whose insights continue to inform travellers of all generations to India.

For forty years V. S. Naipaul has been traveling and, through his writing, creating one of the most wide-ranging and sustained meditations on our world. Now, for the first time, his finest shorter pieces of reflection and reportage -- nearly all of them heretofore out of print -- are collected in one volume. With an abiding faith in the redemptive power of modernity balanced by a sense of wonder about the past, Naipaul has explored an astonishing variety of societies and peoples through the many-sided prism of his own experience. Whether writing about the Muslim invasions of India, Mobutu's mad reign in Zaire, or the New York mayoral elections, he has demonstrated again and again that no one has a shrewder intuition of the ways in which power works, of the universal relation of the exploiter and the exploited. And no one has put forth a more consistently eloquent defense of the dignity of the individual and the value of civilization. Infused with a deeply felt humanism, The Writer and the World attests powerfully not only to Naipaul’s status as the great
English prose stylist of our time but also to his keen, often prophetic, understanding.

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