

A close-up portrait of Dr. Phil McGraw, a middle-aged man with a mustache, wearing a dark blue button-down shirt and a dark suit jacket. He is smiling slightly and looking directly at the camera. The background is a solid red color.

#1 NEW YORK TIMES BEST SELLING AUTHOR

**Dr. Phil
McGraw**

TURN YOUR
WEIGHT LOSS
VISION INTO
REALITY

THE
20/20
DIET

20 KEY FOODS TO HELP YOU SUCCEED
WHERE OTHER DIETS FAIL

The 20 Or 20 Diet Turn Your Weight Loss Vision Into Reality

S Ashworth



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