

What testosterone does

The differences between
a man who has high
testosterone levels and
one who has low
testosterone levels.

Man with high testosterone

Able to focus

Normal mood

Normal energy

Healthier heart

Increased
muscle mass

Less body fat

High libido

Man with low testosterone

Depression

Lack of focus

Constant
fatigue

Decreased
muscle mass

Man boobs

Increased
abdominal fat

Low libido



Testosterone Testosterone

Jianjun Gao



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