

**Michael E. Goldberg**

**The Road to Healing,  
Good Health and Wellness**

**Folate (µg)**

**Vitamin B<sub>12</sub> (µg)**

**Vitamin C (mg)**

**Vitamin A (µg R)**

**Vitamin D**

**Vitamin E**

**Vitamin K (µg)**

**Mind Body Spirit and Energy Healing  
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# The Road To Healing Good Health And Wellness

**G Psacharopoulos**



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